



Maharaja Manindra Chandra College

20, RAMKANTA BOSE STREET, KOLKATA-700 003 (NAAC Accredited)

Ref. No.....

Date 29, 07, 2024

Phone: (033) 2555-4562

NOTICE

A sensitisation programme on Anti-Ragging will be held on 3rd August, 2024 (Saturday), 2 p.m. onwards, in Room No. 8. Prof. Sanjukta Das (Honourable GB member of our college), Professor of Psychology, University of Calcutta, will be delivering a talk on the said subject.

All the members of the Anti-Ragging Sub-Committee must attend the programme. All other interested Teachers, Non-teaching staff and students are also welcome to attend the programme.

Amazumdar, 29.07.24 Dr. Amita Majumdar

Teacher-in-Charge M.M.C. College Kolkata-3

Teacher-in-charge
M. M. C. College, Kolkata-3

Dr. Somrita Ganguly

Anti-Ragging Sub-Committee

M.M.C. College

Anti-Ragging Sensitisation Programme

August 3, 2024

2.00 p.m. – 3.00 p.m.

Maharaja Manindra Chandra College

A sensitisation programme was organised by the Anti-Ragging Sub-Committee of Maharaja Manindra Chandra College on August 3, 2024. Prof Sanjukta Das, Hon'ble GB member of the college, and professor of psychology in the University of Calcutta, addressed the faculty members at this event. She highlighted that ragging is not always necessarily physical but also verbal, mental and emotional. It can take a grievous sexual turn too, gender irrespective. She talked about how bully-victims might not always feel comfortable sharing about trauma, so we need to create an empathetic environment for them to report untoward incidents. She said ragging, or bullying can happen in any situation where there's power involved - such as senior staff at work targeting junior employees, or senior students targeting newcomers. In the current context, ragging can take place in the virtual/digital space as well, with people posting rude messages, objectionable comments, indecent photographs, et cetera online; these acts take the form of cyber bullying or cyber crimes. Prof Das said that often parents are more concerned about bullying than their wards, given the kind of reports they see in the news media; so, the college needs to actively ensure and send out the message that this campus is a safe space. To keep the college ragging free, senior students, as well as newcomers, will have to be sensitised. Prof Das, in conclusion, suggested that though teachers very often play a crucial role in mentoring and guiding students, the college can additionally consider starting professional clinical counselling sessions once a month, or as feasible, for students who might need access to mental health counselling.

The event was truly interactive, with all attending faculty members sharing their lived experiences or thoughts on ragging with the invited resource person.

The Anti-Ragging Sub-Committee of the college has taken the following steps this month to try and create a safe campus for all newly admitted students:

- a complaint box has been installed in the college for students to report incidents; their identity will be kept strictly confidential; soon, students will be able to register complaints through the college website as well
- anti-ragging sensitisation posters have been put up in the college along with a helpline number/ email id
- the members of the Anti-Ragging Sub-Committee will be addressing newly admitted students on 6 August 2024 to make them aware of the implications of ragging and what kind of support is available to victims
- the members of the Anti-Ragging Sub-Committee and other informed faculty members will address the senior students of the college to explain to them why bullying in any form is unacceptable
- the college will be mandating every newly admitted student to submit self-declaration forms against ragging
- the Anti-Ragging Sub-Committee will continue to organise more such sensitisation programmes in the future, in the form of talks, street plays, and documentary or film screenings, to raise awareness about bullying and the need for empathy to create a safe space for all

Sd/-

Dr. Somrita Ganguly

Convener

Anti-Ragging Sub-Committee

Maharaja Manindra Chandra College

Kolkata - 3

Attendance 1. Amazumdar 03.08.24 2. Somvila Largult 3/8 3. Jayanta Nath 03.08-24 4. Downanz Short 5. Atnya Bonnijer 3/8 6. Swarnabha Bala 3.8.2024 F. Suranjana Sanyal, 3/8/2024. 8. Sumilà Chattorny 3/8/24 9. Santanu Bhattacharya 3/8/24 10. SK. Sahajahan. 11. FB/BMHDV (06.04.2028 Anupam Sashuhhar 03.08.2024 13. Susmita Chatterje e 3/8/2024. 14. Asijit Basak 3/8/24 Srigita Mandal. 3/8/24 15. 16. Assistanti 128

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MAHARAJA MANINDRA CHANDRA COLLEGE

20, Ramkanto Bose Street, Kolkata - 700 003

Join us in creating a safe and welcoming campus for all.



Together we can make a difference!

Anti-Ragging Sub-Committee

Zero Tolerence to Ragging!
Support your peers!
Promote kindness & respect!
Report any untoward
incidents immediately!

Your Voice Matters!
Use the complaint box!
Email: principalmmccollege@gmail.com
Phone: Anti-Ragging Sub-Committee
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